ABSTRACT OF THE DISCLOSURE

A flying disk target assembly used as a target in flying disk golf. The assembly includes a strut assembly attached to a vertical lower pole. The lower pole is received inside a basket sleeve centered on an open top basket. The sleeve is attached to an upper pole. The upper pole is received inside a chain and net assembly. The assembly includes an upper chain and net ring with ring sleeve is received on top of the upper pole for suspending the assembly. The upper chain and net ring is used for suspending a plurality of chains and a net. A weighted lower chain and net ring is attached to a bottom of the chains and the net. The lower chain and net ring includes a floating sleeve. When a flying disk hits the chains and/or the net, the floating sleeve acts as a shock absorber.